

Judging Focal Points from State, Regional and National Championships

Vault

Pike down on landings
Body line on layouts and full's
Early twisting

Bars

Balanced composition
Hitting handstands
Finishing turn elements in handstands
Body shapes in and out of inbar skills
Knees on giant taps
Low release moves
Control on dismount landings
Lack of body shape through exercise

Beam

Lack of difficulty
Element rule – exp. If fall on handspring, handspring series. Then get up and repeat, it will not count.
Rhythm – lack of flow throughout routine. Too many pauses before major elements
Lack of hip rise on jumps and leaps
Uneven split on leaps and jumps
Timing on switch sides and halves
Leg height on wolf jumps
Excessive pause when using cat leaps into acro combinations
Low front and back tucks
Legs bending on handsprings and layouts

Floor Tumble

Clean lines in layout shape skills
Amplitude in tumbling passes
Composition of difficulty
Lack of difficulty
Completing twisting elements
Control on landings

Floor Dance

Minimum difficulty
Turn technique – foot position, releve
Foot form on dance
Posture on non value parts
Artistry – performing, showing emotion, facial expression
Incomplete turns and jumps
Incomplete and uneven leaps
Bonus jump combinations have lack of precision
Questionable leg up turns – hidden missing B turn

