

Region 5 Training Camps
Forward Progress & Hot Shot
November 3-5, 2017
Phenom Gymnastics
122 Kirkland Cir
Oswego, IL 60543

Forward Progress Teams

Aerial 4
Action 5
All Starz 1
American 1
Aspire 4
Bartlett 3
ESA 2
Flying High 3
GAR 3
Gym Corner 2
Gym World 5
Gym Spot 1
Gym Etc 3
Gym Xtreme 11
GTC-Indiana 1

HGA 2
HGCA 1
Hunts 8
Huntley 1
IGA 1
IGI 12
Interactive 1
Inspire 1
Indiana Elite 2
JPAC 4
Kinetics 9
Legacy Elite 25
MAG 3
MEGA 4
Midwest Elite 1

Midwest Training and Ice 1
New heights 6
NGC 3
Olympic Dreams 2
Perfect Balance 1
Phenom 3
Powerhouse 1
Quad City 2
SCGA 3
SET-10 4
The Flip Zone 4
Ultimate 1
Waters Edge 1
World Class 5

Hot Shot Teams

All Starz 3
American 2
Aspire 4
City 1
GBGC 6
GTC-Indiana 12
HGCA 2
Hunts 4
Huntley 5
IGA 4

JPAC 4
LGA 2
MEGA 10
Midwest Elite 11
New Heights 3
Olympic Dreams 3
Palmer's 5
Phenom 6
Premier 2
SET-10 4

TG 1
Twistars 20
Ultimate 11
World Class 7

*Please verify the number of athletes attending. Please email me at lorikochr5camps@gmail.com for any changes.